

AEGIS LIVING PRESENTS

Dealing with Dementia Workshop

Dealing with Dementia is a four-hour workshop with nursing expert Carol Redfield. She will be educating caregivers and helping them understand dementia, manage problem behaviors, handle stress, and find time for themselves. In this workshop, attendees will receive a free guidebook to help increase their dementia knowledge and confidence in their ability to provide care and communicate with loved ones with memory loss.



CAROL REDFIELD, DNP, MN, RN

Carol is currently an Adjunct Professor at Seattle Pacific University. Her nursing background spans over 40 years in oncology, nursing education and gerontology. Having been a caregiver to various family members and friends, Carol understands the need for further evidence-based education and social connection to caregivers who care for society's most marginalized population, aging elders.

Refreshments will be provided. Space is limited.

樂絨之家
Aegis Gardens
Assisted Living | Memory Care

NEWCASTLE
13056 SE 76th Street
Newcastle, WA 98056
425-970-6708

Tuesday, February 20th
1:00 pm - 5:00 pm

RSVP

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