

AEGIS LIVING MERCER ISLAND PRESENTS

# Dealing with Dementia Workshop

Dealing with Dementia is a four-hour workshop with nursing experts Pat Giurgevich and Carol Redfield. They will be educating caregivers and helping them understand dementia, manage problem behaviors, handle stress, and find time for themselves. In this workshop, attendees will receive a free guidebook to help increase their dementia knowledge and confidence in their ability to provide care and communicate with loved ones with memory loss.



Refreshments will be provided. Space is limited.

## PAT GIURGEVICH, EdD, MN, RN

Pat Giurgevich is a nurse practitioner with a doctorate in education who has spent over 40 years providing health care, patient education, and undergraduate and graduate nursing education. Her last 13 years of experience has been in a multi-specialty clinic predominantly working with the geriatric population. Pat and her husband cared for her mom in their home for the last 5 years of mom's 94-year life.

## CAROL REDFIELD, DNP, MN, RN

Carol is currently an Adjunct Professor at Seattle Pacific University. Her nursing background spans over 40 years in oncology, nursing education and gerontology. Having been a caregiver to various family members and friends, Carol understands the need for further evidence-based education and social connection to caregivers who care for society's most marginalized population, aging elders.

**Aegis Living**  
Assisted Living | Memory Care

**MERCER ISLAND**

7445 SE 24th St  
Mercer Island, WA  
98040

**Tuesday, March 26th**  
**10:00 am - 2:00 pm**

**RSVP**

**(206) 602-1365**

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