

AEGIS LIVING PRESENTS

# Dealing with Dementia Workshop



Dealing with Dementia is a four-hour workshop with nursing expert Carol Redfield. She will be educating caregivers and helping them understand dementia, manage problem behaviors, handle stress, and find time for themselves. In this workshop, attendees will receive a free guidebook to help increase their dementia knowledge and confidence in their ability to provide care and communicate with loved ones with memory loss.

Refreshments will be provided. Space is limited.

## CAROL REDFIELD, DNP, MN, RN

Carol is currently an Adjunct Professor at Seattle Pacific University. Her nursing background spans over 40 years in oncology, nursing education and gerontology. Having been a caregiver to various family members and friends, Carol understands the need for further evidence-based education and social connection to caregivers who care for society's most marginalized population, aging elders.

**Aegis Living**  
Assisted Living | Memory Care

**BELLEVUE OVERLAKE**

1845 116th Avenue NE  
Bellevue, WA 98004

**Thursday, March 7th, 2024**  
**1:00 - 5:00 pm**

**RSVP**

**(425) 233-6030**

**Email: [Overlakemktg@aegisliving.com](mailto:Overlakemktg@aegisliving.com)**