

**AEGIS LIVING PRESENTS**

# Parkinson's Disease Essentials: A Presentation by the APDA

We are proud to present a program designed to address the needs of individuals recently diagnosed with Parkinson's Disease and those seeking to understand the fastest-growing neurological condition worldwide. If you or a loved one is navigating a Parkinson's diagnosis or if you are simply looking for comprehensive education and support, this program is tailored for you. By participating in these events, you will:

- Gain valuable insights into Parkinson's Disease and access information on resources and support for an improved quality of life.
- Parkinson's Disease Essentials is not limited to individuals with PD— we encourage family and friends to attend and actively contribute to the support network.

Thursday, April 4th | 11:30 am - 1:00 pm  
Aegis Living Lake Union  
1936 Eastlake Ave East | Seattle, WA 98102

Thursday, April 4th | 11:30 am - 1:00 pm  
Aegis Living Bellevue Overlake  
1845 116th Ave NE | Bellevue, WA 98004

Thursday, April 4th | 4:00 - 5:30 pm  
Aegis Living Ballard  
949 NW Market Street | Seattle, WA 98107

Thursday, April 4th | 4:00 - 5:30 pm  
Aegis Living Lodge  
12629 116th Ave NE | Kirkland, WA 98034

The American Parkinson's Disease Association (APDA) works tirelessly every day to support and empower anyone who is impacted by Parkinson's disease (PD). Our nationwide network provides information and referral, education and support programs, health and wellness activities, and other events to facilitate a better quality of life for the PD community while also funding vital research.



To RSVP for one of these events, scan the QR code or visit: <https://visit.aegisliving.com/parkinsonsentials>

