

AEGIS LIVING BELLEVUE PRESENTS

Living Well: An Approach to Managing Gout

Dr. Arinola Dada will discuss diet, myths, and treatments for chronic refractory gout and other inflammatory diseases.

Join us for an enlightening conversation about gout management and treatment with award-winning rheumatologist Dr. Arinola Dada. This valuable educational session, which was made possible through a grant from the Arthritis Foundation Great West Region, is designed for residents, family members, caregivers, and healthcare professionals. In this session, we will cover essential information for gout management, common myths and misconceptions, dietary considerations and lifestyle modifications, and treatment options for chronic refractory gout.

Event Location:
Aegis Living Bellevue
148 102nd Ave SE
Bellevue, WA 98004

Light refreshments will be served.



DR. ARINOLA DADA, MD, FACR

Dr. Dada has over two decades of experience as a practicing rheumatologist. She founded Overlake Arthritis and Osteoporosis in Bellevue, WA, and is an award-winning Rheumatologist with a deep commitment to outstanding patient care and cutting-edge research. She holds board certifications in Rheumatology and Clinical Densitometry.



THURSDAY, DECEMBER

12

4:00–5:30 PM

RSVP

<https://visit.aegisliving.com/rsvpdec12>
(425) 453-8100

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